

## Training for Godliness

1 Timothy 4:1-9

**Verse 1a** – ‘some will depart’ means that they had the faith, they were believers

**Verse 1b-5** – Mans attempt at achieving holiness (rightness with God)

- Faith in Jesus is only source of holiness

**Verse 6-7a** – Becoming a good servant of Jesus by being trained in:

- Words of faith – sound doctrine
- Of the good doctrine that you have followed – not being led astray

**Verse 7b-9**

Exercise of the physical body is \_\_\_\_\_

Train

- Train – exercise – gumnazo (goom-nad-zo) – practice \_\_\_\_\_ (literal or figurative)
- Strip ourselves of \_\_\_\_\_ – nothing between us and God

Godliness

- Distinguishing between good and evil and then \_\_\_\_\_ upon that distinguishment

Train for godliness

- Doesn't just happen – takes \_\_\_\_\_ work

Godliness has value

**Promise for present (the now life)**

*I have been young, and now am old, yet I have not seen the righteous forsaken or his children begging for bread. – King David Psalm 37:25*

**Promise for future (life to come, eternity)**

Nothing can offer a future of happiness or hope except a life of godliness